

This is a provisional timetable for entry purposes only, a final timetable will be published on Friday 2nd May.				
Track				
Event No	Time	Event	Age Group	Round
	10:00	100m Hurdles	U17 Men	Final
	10:05	80m Hurdles	U15 Boys	Final
	10:10	80m Hurdles	U17 Women	1
	10:20	75m Hurdles	U15 Girls	1
	10:35	75m Hurdles	U13 Boys	1
	10:45	70m Hurdles	U13 Girls	1
	11:00	800m	U17 Women	1
	11:08	800m	U17 Men	1
	11:25	80m Hurdles	U17 Women	Final
	11:30	75m Hurdles	U15 Girls	Final
	11:35	75m Hurdles	U13 Boys	Final
	11:40	70m Hurdles	U13 Girls	Final
	11:50	100m	Wheelchair/Frame	Final
	11:55	100m	U15 Girls	1
	12:15	100m	U13 Girls	1
	12:31	100m	U17 Women	1
	12:43	100m	U13 Boys	1
	12:55	100m	U15 Boys	1
	13:03	100m	U17 Men	1
LUNCH				
	13:45	100m	U15 Girls	Semi Final
	13:53	100m	U13 Girls	Semi Final
	14:01	100m	U17 Women	Semi Final
	14:10	400m	Wheelchair/Frame	Final
	14:20	400m	U17 Men	Final
	14:24	300m	U17 Women	1
	14:32	300m	U15 Girls	1
	14:44	300m	U15 Boys	Final
	14:48	100m	U13 Boys	Final
	14:52	100m	U15 Boys	Final
	14:56	100m	U17 Men	Final
	15:00	100m	U13 Girls	Final
	15:04	100m	U15 Girls	Final
	15:08	100m	U17 Women	Final
	15:15	800m	U13 Girls	Timed Finals
	15:30	800m	U13 Boys	Timed Finals
	15:35	800m	U15 Girls	Timed Finals
	15:45	800m	U15 Boys	Timed Finals
	15:55	800m	U17 Women	Final
	16:00	800m	U17 Men	Final
	16:05	300m	U17 Women	Final
	16:10	300m	U15 Girls	Final
If heats are not required FINALS will go at HEAT time.				

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Field				
Event No	Time	Event	Age Group	Info
	10:00	Long Jump	U13 Girls	
	10:00	Shot Put	U17 Men / U15 Boys	
	10:00	Discus	U13 Boys / U13 Girls	
	11:00	High Jump	U17 Women	
	11:15	Shot Put	U17 Women	
	11:15	Long Jump	U13 Boys	
	13:15	Shot Put	U13 Girls	
	13:15	Discus	U17 Men / U17 Women	
	13:15	High Jump	U17 Men	
	14:30	Long Jump	U17 Women	
	14:30	Shot Put	U13 Boys	
	14:30	Discus	U15 Boys / U15 Girls	
	15:30	Long Jump	U15 Girls	
	15:30	Shot Put	U15 Girls	
Minimum 2 warm up attempts; best 8 in each age group qualify for a further 3 attempts				

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Track				
Event No.	Time	Event	Age Group	Round
	10:00	400m Hurdles	U17 Men	Final
	10:10	300m Hurdles	U17 Women	Final
	10:20	1500m	U17 Men	Final
	10:30	1500m	U17 Women	Final
	10:40	200m	U15 Girls	1
	11:00	200m	U13 Girls	1
	11:16	200m	U13 Boys	1
	11:24	200m	U15 Boys	1
	11:32	200m	U17 Women	1
	11:44	200m	U17 Men	1
	12:55	1500m SC	U17 Women	Final
Lunch				
	13:15	1500m SC	U17 Men	Final
	13:35	1500m	U15 Girls	Timed Finals
	13:45	1500m	U15 Boys	Timed Finals
	14:00	200m	U15 Girls	Semi Final
	14:10	200m	U17 Women	Final
	14:15	200m	U13 Girls	Final
	14:20	200m	U13 Boys	Final
	14:25	200m	U15 Boys	Final
	14:30	200m	U17 Men	Final
	14:55	1500m	U13 Girls	Timed Finals
	15:05	1500m	U13 Boys	Timed Finals
	15:15	200m	U15 Girls	Final
If heats are not required FINALS will go at HEAT time.				

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Field				
		Event	Age Group	Info
	10:00	Hammer	U15 Boys / U15 Girls	
	10:00	Javelin	U13 Boys / U13 Girls	
	10:00	High Jump	U15 Girls	SH 1m06
			U15 Boys	
	11:15	Long Jump	U17 Men / U15 Boys	
	11:15	Hammer	U17 Men / U17 Women	
	12:45	Javelin	U15 Boys / U15 Girls	
	12:45	High Jump	U13 Boys / U13 Girls	SH 1m06
	12:45	Triple Jump	U15 Boys / U17 Men	7m/9m/11m
	14:30	Javelin	U17 Men / U17 Women	
	14:30	Triple Jump	U15 Girls / U17 Women	7m/9m
Minimum 2 warm up attempts; best 8 in each age group qualify for a further 3 attempts				